

YMCA CAMP Y-NOAH

"Here Let the Fires of Friendship Burn"

Parent & Camper Handbook



For Tall Pines Day Camp

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General Info

COVID-19 UPDATE

Wow, what interesting times. Here at camp we are making all the necessary changes to welcome your camper into a safe environment. We discuss that further in the parent handbook. It's going to look different; it has to. One of the many things that make camp special is its ability to adapt and talk to our campers about how different isn't bad. Different can be amazing. This summer kids are going to have an amazing experience. It will not look the same as it has in the past but honestly, it's never the same as it was. That was an important concept for me to remember as I think about my summer plans with a 3-year-old. Just because it isn't the same experience, I had doesn't mean it isn't going to be meaningful experience for your kids. I encourage you to keep an open mind when your camper comes home to tell you about their day. I guarantee they will find things funny, exciting, interesting, and have learned new things just like they did before.

Here Let the Fires of Friendship Burn,

Carl "Rocky" Wargo

Camp Director

CAMP ELEGIBILITY

Children ages 6-16 are eligible for programs at Camp Y-Noah. Campers must be developmentally appropriate to participate in programs at Camp Y-Noah. Staff review all health <u>Health Form</u> forms to ensure eligibility.

All campers must be able to work in small and large group settings with supervision. Our ratios are as follows. For ages 6-8 1:8 for day camp; for ages 9-16, 1:9 for day camp. The CDC is recommending groups smaller than 10 people, including the Camp Y-Noah Staff member. This year, to ensure safety for all campers and staff, we will operate our day camp groups as a cohort. They will travel, do activities, and eat with their assigned group and avoid interaction with other cohorts.

GOALS OF CAMP Y-NOAH

- Increase social skills
 - Kids live in day camp groups
 - Cell phone free time
 - Meeting lifelong friends
- Increases self confidence
 - Overcoming a challenge
 - Hitting a bullseye for the first time
- Develop an appreciation of nature
 - Campers get to experience many forms of nature on our 250 acre camp.
 - Learning to leave no trace
- Practice decision making skills.
 - We incorporate the use of the Y's 5 character core values—Caring, Honesty, Respect, Responsibility, and Faith.

CAMP FEES

Camp fees are due two weeks before camp. We will do our best to contact you if you are within those two weeks to finalize any balance that may still be in effect. However, we cannot reserve space in any program if we do not receive full payment for programs within the two weeks.

Refunds/Changing/Cancellations: Our cancellation policy is fairly basic. We ask for a non-refundable \$75 deposit for each week of camp you sign up for. If you need to cancel a week, we will always try and find another week that will work, or suggest using some of the monies to secure a week for next year. If those options don't work, we can refund you the balance minus the deposit.

GROUP REQUEST

- Subject to availability and limit one request per camper.
- o Campers must be within 1 year of age.
- Please send the request by <u>campynoah@akronymca.org</u> at least **2 weeks** before camp, or request it on your camper's health form.

SPIRITUAL EMPHASIS

The YMCA of Akron has 5 character core values that we use as the basis for all our programs. They are Caring, Honesty, Respect, Responsibility, and Faith. We offer daily nondenominational chapels that focus on the core values. We tell stories and do skits during our chapels.

FORMS DUE 2 WEEKS PRIOR TO ARRIVAL

Health Form / Authorized Pick Up: Please complete the health form 2 weeks before
your campers check in day. Camp Y-Noah needs to have all the current medical and
behavioral information about your camper before they arrive. We keep all forms
confidential and share information only on a need to know basis to the staff. Please click
this link to fill out your Health Form online.

PICKING MY CAMPER UP EARLY

We want to be as prepared as possible for your arrival. If you need to pick your camper up at a different time than our normal check out time please fill out the <u>Camper Early Release Form</u>. Camper Early Release form will also be available at check in or from your bus transportation staff.

CAMP STORE

At this time, *our store is not open*. However, our intention is to sell a care package and ice cream. The Care Package includes a special "90 Year Anniversary" Nalgene, Buff, and Limited-Edition Camp Y-Noah sticker! When we open the store, Campers will have the opportunity to order ice cream each day. The Care Packages will be done by preorder and dropped off with the Camper during the week. Unfortunately, campers will not have the chance to go into the actual store, but we will bring the store to them! No cash is accepted during the week. The store uses an account system. We typically recommend you add \$15-\$20 to the account per week of camp. We do not offer refunds. You can either carry the money over to another week, donate the money to our annual campaign, which helps send kids to camp, or you can donate to our staff banquet at the end of summer. Any money left in the account after your campers last checkout will be donated accordingly. You can add money to your camper's account by calling in at (330) 896-1964, or online by clicking here.

KEEP CAMP IN THE LOOP

It's important to keep us in the loop at camp. We want to protect your family's privacy, but some information about your child and/or major things that are happening in their life will help us be a better camp for them. We are very discreet with any information shared. Below are some examples of what would be helpful to be aware of.

- Changes in contact information.
- If there is school problems, illness in the family, divorce/separation, parent overseas/military.
- o If the family has been affected by the COVID-19 pandemic (loss, sickness, and/or exposure to the virus while at camp).

BEHAVIORAL & DISIPLINE POLICY

Our staff goes through a week of training to work with your campers. We train our staff to work with a wide variety of behavioral challenges. Campers should feel safe at camp. Campers are to respect themselves, others, and the camp.

Camp has established 2 types of unacceptable behavior.

General disruptive behavior:

- Profanity, verbal abuse, a generally uncooperative attitude, etc.
 - 1. Counselors will have a discussion with camper to modify the behavior.
 - 2. The Director will help with the process.
 - 3. We will contact you to work jointly to modify the behavior.
 - 4. If these attempts fail the camper may be sent home or asked not to return.

Dangerous and overly disruptive behavior:

- Theft, damage of property, assault of any kind, possession of weapons, alcohol, illegal drugs, tobacco, etc.
 - 1. The camper will be brought immediately to the Director.
 - 2. The Director will contact the parents to discuss the issue.
 - 3. At the Director's discretion the camper may be sent home.

If a camper is dismissed, parents are responsible for transportation and no refunds will be issued. We reserve the right to dismiss campers from the program without warning.

MEALS

- Specialty diets including vegetarian, gluten free, and many others can be accommodated for. However, we ask that you please note any dietary needs on the <u>Health Forms</u>. The Food Service Director will be available at check in or by email at <u>campynoahfoodservice@akronymca.org</u>.
- If day campers chose to bring their own packed lunch, we ask that all items be NUT
 FREE.
- Meals at camp are pretty basic and vary each day. This year our groups will be able to do
 picnic lunches in addition to hot lunches throughout the week to limit the amount of
 people in the Dining hall. Below is a typical hot lunch meal:
 - Hot Lunch: Burgers, French Fries + a full salad bar, which is available every lunch.
 - Grab & Go Lunch: turkey sandwich, juice box, chips and apple

WHAT TO PACK

You know your camper best. If there are additional comfort items for your camper, please make sure to pack them. This could be stuffed animals, a favorite hat, but please, no cell phones. Cell phones are not comfort items. Follow this link for recommended <u>packing list</u>.

WHAT NOT TO BRING TO CAMP

Please avoid sending these items to camp. If found they will be collected and can be reclaimed after camp.

- Cell phones: I know this may be a difficult thing, and if we're being honest, it's probably most difficult for you as the parent. I understand and sympathize with this. I know how accustomed you've become to having near constant access to your child. However, at this point we find it to be a very healthy concept to disconnect from the tech world. Our camper's lives are very structured, and that structure remains true for their time at camp. Every minute of the day is planned. We plan to help our campers socialize, problem solve, and learn new skills. This can be very difficult if our campers are focused on cell phones and not the campers and staff next to them. If you need to contact your camper please call our office at (330)896-1964 from 9 am -6 pm.
- Valuable electronic devices: These items are expensive and we're near lakes, dirt, and bugs. We climb, run, and jump. This environment is often very strenuous on expensive electronic devices. Please help us avoid a broken heart and keep these at home.
- Knives, matches, or lighters: They won't need them. Don't worry about sending them.
- Miscellaneous: Personal sports equipment, musical instruments, vehicles, pets, tobacco, drugs, or alcohol.
- Food (yes, of any kind): They attract unwanted attention from squirrels, mice, skunks, and hungry counselors! For the safety of the cabin, please, please, don't send snacks. If you do send them, please send in care of the camp director, and I'll find something to do with them;-)

WHERE SHOULD I LOOK FOR LOST AND FOUND?

This year, Lost and Found pictures will be emailed to our families on Thursday each week. Let us know if you see something that belongs to your camper and we will make sure it and your camper are reunited! I want to take this moment to review a trick that helps us keep your campers belongings with them. Please add your camper's name in permanent marker to all of their items. You'd be surprised how many times I've asked a camper if the towel I had in my hands belonged to them and without any question in their minds they tell me no, only to find out that their name was written on the side.

SEVERE WEATHER

- o Severe Thunderstorm/Tornado watches: Programs will continue under caution.
- Severe Thunderstorm/Tornado warnings: Staff will bring campers to a secure building.

SWIM TEST

Campers will swim test the first day. They may retest on Wednesdays. Lifeguards are trained to determine swim level for our lake. Each camper will wear a swim band that signifies their swimming level. We do not accept swim test from other YMCA branches or camps. However, campers may maintain a swim band previously awarded at Camp Y-Noah during the same summer.

- o Red (non/weak swimmers) will be allowed to swim in the shallow area with a lifejacket.
- Blue (strong swimmers) will be allowed to swim in the shallow area without a lifejacket.

We do not offer swim lessons. Due to how involved swim lessons are, those programs are offered at our sister branches. Find your local branch here.

MEDICAL CARE

- Campers must have a completed <u>Health Forms</u> returned to camp 2 weeks before your campers check in.
- Counselors have First Aid and CPR training to deal with any minor accidents
- There will be a RN on-call 24 hours a day.
- City of Green Paramedics provides EMS transportation. In the event of an emergency we will make every attempt to reach you or emergency contacts.

Please note: Medical insurance and emergency transportation cost are the responsibility of the parents.

During camp we will contact you if your child:

- o is involved in a physical fight, regardless of injury
- o has received an injury to the head
- o is recommended to see a physician or is required to visit the emergency room
- o has suffered a fluid depleting illness for more than 8 hours
- o has a temperature above 101 degrees
- Camp Y-Noah strives in being an environment where children learn and grow, and for children to best succeed they need to be able to participate in groups that meet our ratios on camp.

MEDICATION

- o All medications must be given at check-in in their original containers.
- Prescribed medications must be clearly marked with the child's name, medication, and physician's name.
- o Prescription medication can only be administered as directed on the bottle.
- For dosage changes, please bring a signed note from the physician describing the new dosage.
- o Medication will be distributed during lunch.

DIRECTIONS TO CAMP

- Google Maps Camp Y-Noah Address
- o Taking I-77, exit at Arlington Road and head south.
- Cross Route 619 and continue to the fork.
- o Use the **RIGHT** fork and continue south on Arlington Road.
- o Turn right on Mt. Pleasant Road at flashing light
- Continue 1/2 mile to Camp Y-Noah on the right.
 815 Mt. Pleasant Rd. Green, Ohio 44216



Day Camp

Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10
June 15-19	June 22- 26	June 29- July 3	July 6-10	July 13- 17	July 20- 24	July 27- 31	Aug 3-7	Aug 10-14

SAMPLE DAY CAMP SCHEDULE

?	6:30 am	Sunrise Camp Check In	?	2:15pm	Activity 4	
?	8:45 am	Arrive	?	3:20pm	Group Time	
?	9:00am	Group Time	?	3:30pm	Snack and Store Del.	
?	9:45 am	Activity 1	?	3:45pm	Check Out Starts	
?	10:45 am	Activity 2	?	4:00pm	Check Out Ends	
?	12:00 pm	Lunch	?	6:00pm	Sunset Camp Ends	
?	1:00pm	Activity 3		See you tomorrow!		

^{*} Note: Only Campers registered for Ranch programs will ride a horse.

WHAT TO BRING

Here are suggestions on what your camper should bring to camp each day.

- Back Pack

- Swim Suit

- Hat

- Raincoat/Poncho

- Water bottle

- Jacket / Sweatshirt

- Sun Screen

- Closed toe shoes

-Insect Repellant

-Towel

CHECK IN

- Check in time: Day camper check in is from **8:45am-9:00am** Monday through Friday.
- Where should you go?
 - Check in for Day Camp is happening by the check in tent in front of the Dining Hall. When you pull into Camp, a staff member will greet you and inform you to stay in your car. Once you pull up to the tent, a staff member will come to your passenger window, check in you camper, take your campers temperature, and do a quick health screening! Once your camper is check in, we will walk them to their group and we will see you at check out!
- If a camper is not able to attend a registered session or day program camp must be notified as soon as possible. At the beginning of each program, all registered campers that have not shown up within an hour of registration must be contacted by the camp staff to confirm their absenteeism. This occurs every day after check in is over.

^{*} Note: In addition to the items above RANCH CAMPERS should wear long pants & a boot with a heel.

CHECK OUT

Check out time: Check out is from 3:45pm-4:00pm.

SUNRISE/SUNSET EXTENDED CAMP CARE

Sunrise/Sunset Extended Camp Care is being offered this year to make scheduling more flexible for parents! Campers who attend Sunrise/Sunset camp will be paired up with their counselor for the week and have the opportunity to do camp activities

Sunrise Campers can arrive as early as 6:30 am. All campers who arrive by 8 am will receive a breakfast snack.

Sunset campers can stay at camp till 6 pm. The cost for either program is \$25 for the week or \$45 for both for the week.

Campers need to be registered to attend Sunrise/Sunset camp. <u>Unfortunately, we cannot take campers</u> <u>at the door</u>. Please call the office to register your camper, (330) 896-1964!

WHAT DO I NEED TO BRING TO CHECK OUT?

In order to pick your camper up, you must be listed as an authorized person on campers <u>Health Form</u>. If Grandpa shows up to pick up your camper, he will not be able to pick them up if he is not listed as someone who can.

The approved person on the list, which includes you, must bring a **photo I.D**. Without a photo I.D. of an appropriate person on the pickup list, we **cannot** release your camper. Please make sure to have your **photo I.D** ready when you arrive at camp.

WHERE SHOULD I GO FOR CHECK OUT?

Check out for day camp is going to be at the tent in the field to the right of our Dining Hall by the parking lot. Same thing goes for Check out, we will ask our parents to stay in their cars and a Camp Staff member will come to your car to check your ID and bring you your camper! If you're picking up your camper please take a moment to check lost and found. During check out this year, we are asking for patience with our process, it may take a few moments longer than usual.

RANCH CAMP PARENT SHOW

The Ranch Camp parent show look different this year as well. Instead of an in-person parent show where your camper gets to show off the skills they have learned throughout the week, we will be posting photos and some videos to our Smug Mug and Facebook page. Now you be able to skip to just your camper riding and watch them ride around the arena as many times as you want!

CAMP ACTIVITY COVID-19 UPDATES

This year will look different at Camp, but we are striving to continue to be the safe, fun, and memory making experience for your camper like always! A couple things this year that we are not able to offer this summer are as follows:

- All Day Camp General Swim time: this year each group will have the opportunity to have a water activity, whether that is swimming with their cohort/group, slip-n-slide, creek stomping, or boating.
- **Climbing/Challenge Course:** At this time, we will not be able to offer climbing activities. It is our hope that by that time we will have more guidance from our Ropes Course Trainers and manufactures regarding the sanitization of our equipment.

Additional Info

SOCIAL MEDIA

<u>SmugMug</u>: View and purchase photos from camp. <u>Facebook</u>: Updates on camp and special events.

<u>Instagram</u>: Special photos from the summer and events at camp YouTube: Check out our funny, and informative videos from camp.

VISITORS

For the safety and privacy of our campers we do not allow visitors on site. If your camper needs to be picked up early please complete our early departure form at check in, and we'll make sure to have them ready for you.

CONTACT WITH CAMP AND SUMMER STAFF

Check out our social media links to hear about what we have going on the rest of the year. We offer everything from overnights each month called Kid's Night Out, to mini camp programs like winter camp and spring camp.

If your camper wants to contact a counselor from summer, please send those letters to camp. 815 Mt. Pleasant Rd. Green, OH 44216

REGISTERING FOR NEXT SUMMER

- o Registration for summer 2021 opens on June 15^{th,} 2020.
- By making a \$75 deposit for 2021 during your 2020 camp stay gets you the best value on camp. Our early bird rate is up to \$75 off 2020 rates. Our incentives decrease as we get closer to 2021 so the earlier you sign up, the more you save!
- You won't be expected to choose what week you attend in 2021. The early bird registration acts as a place holder only, for rates and discounts.

The American Camp Association is a community of camp professionals who, for over 100 years, have joined together to share our knowledge and experience and to ensure the quality of camp programs. Because of our diverse 10,000 plus membership and our exceptional programs, children and adults have the opportunity to learn powerful lessons in community, character-building, skill development, and healthy living — lessons that can be learned nowhere else.

As a leading authority in youth development, ACA works to preserve, promote, and improve the camp experience. Our association is committed to helping our members and all camps provide:

- · Camp communities committed to a safe, nurturing environment
- · Caring, competent adult role models
- · Healthy, developmentally appropriate experiences
- · Service to the community and the natural world
- · Opportunities for leadership and personal growth
- · Discovery, experiential education, and learning opportunities
- · Excellence and continuous self-improvement

ACA Accreditation Program

ACA accredits over 2,400 camps. ACA-Accredited® camps meet up to 300 standards for health, safety, and program quality (Safety Tips/Accreditation).

ACA works closely with other youth-serving organizations and associations.

Founded in 1910, ACA is a tax-exempt corporation under Section 501(c)(3) of the Internal Revenue Service code.

- See more at: ACA Who We Are

If you have any questions or concerns please contact us at.....

YCMA Camp Y-Noah 330-896-1964 1-877-GOT-CAMP campynoah@akronymca.org

